



2019 HERO University Summit:  
***Inspiring Well-Being Through Community, Social Connections and Environmental Supports***

Sunday & Monday, September 8th and 9th, 2019  
Portland Marriott Downtown Waterfront, Portland, Oregon

**Agenda**

Sunday, September 8

6:00 – 9:00pm University Summit Dinner (Nel Centro- 1408 SW 6th Ave, Portland)

Monday, September 9

7:00 – 8:00 am Registration and Breakfast

8:00 – 8:45 am Joint Keynote with the Healthcare Summit (Mount Hood Room)  
*Addressing Social Determinants of Mental Health to Enhance Work, Meaning and Social Connectedness*  
Michael Compton, MD, MPH

9:00- 9:15 am University Summit welcome and opening remarks (Salon GH)

9:15-10:15 am The Robert Winfield, MD, University of Michigan Keynote Presentation  
*Enhancing Community Well-being through Diversity Dialogue & Wellness Program Collaboration*  
Elizabeth R. Click, DNP, ND, RN, CWP  
Janetta Hammock, MA, CDP

10:15– 10:30am Networking Break

10:30 – 11:15 am *Advancing Employee Health & Well-being through Built Environments*  
Kate Workman, MS, CEAS, WELL AP  
Angela Spangler, MS, AEP, WELL AP  
Lauren Bachynski, M.I.D.

11:15 am – Noon *A Narrative Approach to Teamwork & Culture Change*  
Rita Patel, CPA, MPH, CWWPM  
Tracy Kramer, MBA

12:00 - 12:15 pm Networking Break

12:15-12:45 Lunch

12:45 – 1:30pm *Addressing Loneliness and Social Isolation in the Workplace*  
Preeti Malani, MD, MSJ  
Jeremy Nobel, MD, MPH: Founder, The UnLonely Project; Faculty, Harvard Medical School

1:30pm Wrap-up and Adjourn